

Hillcrest Glebedale School Key Stage 2 PSHE Policy

This policy is linked to and derived from the overarching curriculum policy. This policy has been reviewed by the SLT to ensure it does not undermine British Values of Democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs.

Local Procedures Owner: Karen Caswell

Issue date: March 2018
Review date: March 2019



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Introduction

Hillcrest Glebedale's KS2 PSHE Curriculum includes all aspects of personal, social, health education as well as citizenship. This is provided for all children as part of their regular timetabled lessons as well as during assemblies and SEAL/ circle time and nurture sessions as well as throughout all other aspects of the National Primary curriculum.

The PSHE curriculum is designed to help to prepare students for life in an ever changing world. Enabling them to become happy, well balanced young people that can contribute positively to their communities.

Aims

The aims of PSHE in key stage 2 are to enable and encourage students to:

- Become emotionally literate, confident, motivated learners
- Develop self-care skills, respect for themselves, others and their environment
- Develop their thinking skills enabling them to reflect upon issues and make informed life decisions and solve problems
- Recognise, understand and manage their emotions and thoughts
- Be empathetic towards the feelings of others
- Make links between their emotions and their actions/ behaviour
- Become constructively critical and questioning about current world events

This programme is based on commitment to equal opportunities for all students and a respect for all cultures and diversity.

The programme includes:

- Health and personal safety
- Learning about myself and others
- Social Awareness and skill development
- Personal Relationships and empathy
- Developing learning skills

Methods of learning are varied and students are encouraged to express their thoughts and feelings, participate in discussions, literacy tasks, reading and research, reflect and solve problems, paired, group and individual work, outside visitors/ theatre groups, enrichment activities.

Topics include:

- Self awareness
- Making friends and healthy relationships
- Physical and emotional health
- Coping with stress and difficult times
- Personal safety
- Community service
- Respect for the local environment
- Respect for others including those with different beliefs, and cultures from our own including people with disabilities,
- Bereavement and loss
- British democracy, Fairness, prejudice, crime and the law

At Hillcrest Glebedale Primary School we have daily timetabled lessons in PSHE/ SEAL/ Citizenship. The school promotes the development of trusting positive relationships between children and adults in order to support each child pastorally. Staff are well trained and

reflective role models and mentors that cultivate the personal and social development of each individual child.

This policy is reviewed annually by the governing body.

Signed (Head teacher):

Signed (Chair of Governors):